QCP
QUALITY CARE PARTNERS

ASTHMA CARE MATTERS

Did You Know? Regular asthma checkups can help prevent flare-ups, improve breathing, and reduce emergency room visits.











Why Regular Checkups Matter

- Review asthma control
- Check inhaler technique
- Update your Asthma Action Plan
- Monitor lung function
- Prevent attacks and hospitalizations
- Stay current on vaccines

Questions to Ask Your Doctor

- Is my asthma well controlled?
- Am I using my inhaler correctly?
- What triggers should I avoid?
- Do I need an updated action plan?
- When should I seek emergency care?
- Should I have lung function testing?

Schedule your next checkup today!

Supporting members on their journey toward better respiratory health.