QCP
QUALITY CARE PARTNERS

HEART CARE MATTERS

Regular Checkups Help Manage Coronary Artery Disease (CAD) and Protect Your Heart

Did You Know? Routine heart-health visits can help lower the risk of heart attack, reduce complications, and keep your treatment plan on track.

Why Regular Checkups Matter

- Monitor blood pressure and cholesterol
- Review heart medications
- Identify symptoms early
- Reduce risk of heart attack and stroke
- Track progress toward health goals
- Support healthy lifestyle changes



Questions to Ask Your Doctor

- Is my blood pressure at goal?
- What is my LDL cholesterol level?
- Are my medications still appropriate?
- What symptoms should concern me?
- Do I need additional heart testing?
- What lifestyle changes will help most?

Schedule your next checkup today!



Supporting members on their journey toward better heart health.