QCP
QUALITY CARE PARTNERS

• Get regular • health screenings

DIABETES CARE MATTERS

Why routine visits matter: Regular checkups help monitor blood sugar, blood pressure, cholesterol, kidney health, eye health, and medications so you can stay ahead of complications.

Benefits of Regular Checkups

- Monitor A1C and glucose control
- Review medications and side effects
- Check blood pressure and cholesterol
- Prevent kidney, eye, and foot complications
- Stay current on recommended vaccines
- Create a plan to reach health goals



Questions to Ask Your Doctor

- What is my current A1C and goal?
- Are my blood sugar readings on target?
- Do I need changes to my medications?
- How are my blood pressure and cholesterol levels?
- When should I schedule my next eye exam?
- Do I need kidney or foot screening?
- What lifestyle changes would help most?





Schedule your next diabetes checkup today!

Supporting members on their journey toward better health.