



ASTHMA

Criteria for Continued Participation in the Program

- Enrollment visit with Disease Manager at Quality Care Partners
- Participant in employer Health Care Plan
- Diagnosis of asthma
- Participate in Asthma Education Class within 3 months of signing on to participate
- Monthly visit to the Pharmacist, including the assessment visit*
- Primary Care Physician visit for asthma care, relative to severity level
- Spirometer at baseline and annually
- Daily peak flow meter use
- Completion of Asthma Self-Management Action Plan
- Smokers must enroll in a smoking cessation class within 1 month of signing on to participate and complete the course
- Patients with a BMI < than 18 or > 30 must complete a dietary consultation visit

* Patients may change pharmacists one time per year



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